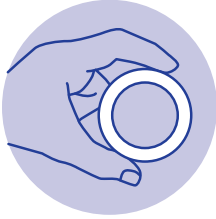


STARTING ANNOVERA®:

A hands-on guide to inserting and removing ANNOVERA¹



STEP 1: Clean the ring

First wash and dry hands. Then remove ANNOVERA from the package and wash and dry the ring with mild soap and water and pat dry.



STEP 2: Prepare to insert

Using thumb and index finger, squeeze the ANNOVERA ring into a narrow oval shape.



STEP 3: Choose a comfortable position

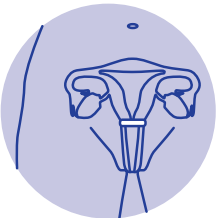
The ANNOVERA ring can be inserted while lying down, squatting, or standing with 1 leg up.



STEP 4: Insert ANNOVERA into vagina

The ring should be inserted as far as possible into the vagina, and should not be felt. If the ring feels uncomfortable, it may not have been inserted far enough. ANNOVERA does not need to be in an exact position to work.

Note: Be sure to record the date of insertion.



STEP 5: Ensure ANNOVERA is in place

Once in place, ANNOVERA sits in the vagina (as pictured), without obstructing the vaginal canal.



STEP 6: Removing the ring

Wash and dry hands and assume a comfortable position (see Step 3). Then reach into the vagina, hook the ring using the index finger, and pull downward and forward to remove. Wash the ANNOVERA ring with mild soap and lukewarm water, pat dry, and store it in the case provided.

Note: Be sure to record the date of removal.

ANNOVERA is inserted for 21 continuous days and removed for 7 days for one year (13 cycles).

IMPORTANT RISK INFORMATION

- Do not use ANNOVERA if you smoke cigarettes and are over 35 years old. Smoking increases your risk of serious heart and blood vessel (cardiovascular) side effects from hormonal birth control methods, including death from heart attack, blood clots, or stroke. This risk increases with age and the number of cigarettes you smoke.
- ANNOVERA does not protect against HIV infection (AIDS) and other sexually transmitted infections (STIs).

Please see additional Important Risk Information on the next page and accompanying Full Prescribing Information or visit www.Annovera.com/pi.pdf.



ANNUAL.
COMFORTABLE.
CONTROLLABLE.

NEW
Annovera[®]
(segesterone acetate and
ethinyl estradiol vaginal system)
Delivers 0.15 mg/0.013 mg per day

IMPORTANT RISK INFORMATION (CONT'D)

DO NOT USE ANNOVERA IF YOU

- have or have had a blood clot in your arms, legs, lungs, or eyes.
- have had a stroke.
- have reduced blood flow to your brain (cerebrovascular disease).
- have reduced blood flow or blockage in 1 or more of the arteries that supply blood to your heart (coronary artery disease).
- have had a heart attack.
- have heart rhythm or heart valve problems that increase your risk of having blood clots, such as an infection of the inner lining of the heart and heart valves or a type of irregular heartbeat called atrial fibrillation.
- have a problem with your blood that makes it clot more than normal.
- have high blood pressure that is not controlled with medicine or have high blood pressure with blood vessel damage.
- have diabetes and are over 35 years old; have diabetes with high blood pressure or problems with your kidneys, blood vessels, eyes, or nerves; or have had diabetes for longer than 20 years.
- have headaches with changes in vision, numbness or weakness, have migraine headaches with aura, or are over age 35 years old and have any type of migraine headaches.
- have liver disease or liver tumors.
- have or have had breast cancer or any cancer that is sensitive to the female hormones estrogen or progesterone.
- have unexplained vaginal bleeding.
- are allergic to segesterone acetate, ethinyl estradiol, or any of the ingredients in ANNOVERA.
- take any Hepatitis C drug combination medicine containing ombitasvir/paritaprevir/ritonavir, with or without dasabuvir.

WARNINGS

ANNOVERA can cause serious side effects, including: blood clots; toxic shock syndrome (TSS); liver problems, including liver tumors; high blood pressure; gallbladder problems; changes in the sugar and fat (cholesterol and triglycerides) levels in your blood; headache; irregular or unusual vaginal bleeding and spotting between your menstrual periods; depression; possible cancer in your cervix; swelling of your skin especially around your mouth, eyes, and in your throat (angioedema); dark patches of skin on your forehead, cheeks, upper lip, and chin (chloasma). **Call your healthcare provider or get emergency medical care right away if any of the serious side effects occur.**

The most common side effects of ANNOVERA include:

- headache, including migraine
- nausea/vomiting
- vaginal yeast infection (candidiasis)
- lower/upper abdomen pain
- painful periods
- vaginal discharge
- urinary tract infection
- breast pain/tenderness
- irregular vaginal bleeding
- diarrhea
- genital itching

USE

ANNOVERA is a ring-shaped vaginal system with hormones used by females to prevent pregnancy.

ANNOVERA has not been adequately studied in females with a body mass index $>29 \text{ kg/m}^2$. Ask your doctor if ANNOVERA is appropriate for you.

The risk information provided here is not complete. To learn more, review the ANNOVERA Patient Information and talk with your healthcare provider or pharmacist. The FDA-approved product labeling, including Patient Information, can be found at www.Annovera.com/pi.pdf.

You may report side effects to the FDA at www.fda.gov/medwatch or by calling 1-800-FDA-1088. You may also report side effects to TherapeuticsMD, Inc. at 1-888-228-0150.

Reference: 1. Annovera® [Full Prescribing Information]. Boca Raton, FL: TherapeuticsMD, Inc; 2019.

TherapeuticsMD®

For Her. For Life.

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NEW
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